

COMMUNITY WELLNESS DAY

Join us for a fun, relaxing and family-friendly day focused on connection, creativity, and well-being!

Why Attend?

- Connect with your community.
- Promote mental wellness and self-care.
- Enjoy nature, creativity and fun!
- Explore a variety of engaging community tables and experiences.
- Earn a Free Anxious Generation Book
(Limited Quantities Available)

Sponsored By:



Activities for All Ages

-  Rock Painting – Create and take home your own inspiring designs or leave it for Sammy the Snake
-  Meet the Alpacas – Spend time with these gentle, adorable animals
-  Guided Walking Tour – Enjoy a peaceful walk around beautiful Nichols Park
-  SISU Sanctuary Community Connection Garden - Stop by for reflection, encouragement, and meaningful conversation
-  Farmer's Market – Shop fresh, local produce and handmade goods
-  Book Mobile – Discover free books and reading opportunities

...and MANY MORE!!

You're Invited!

Nichols Park
Saturday, June 6th!
11:00am to 2:00

